

PARENTS' POSTOPERATIVE PAIN MEASURE (PPPM)

Children sometimes have changes in behavior when recovering from surgery. The following is a list of behaviors that your child may or may not have exhibited while recovering from surgery between _____ and _____ today. For each of the behaviors below, circle the appropriate response, *yes* or *no*.

When your child was recovering from surgery between _____ and _____ today, did s/he . . .

- | | | | |
|-----|--|-----|----|
| 1) | Whine or complain more than usual? | Yes | No |
| 2) | Cry more easily than usual? | Yes | No |
| 3) | Play less than usual? | Yes | No |
| 4) | Not do the things s/he normally does? | Yes | No |
| 5) | Act more worried than usual? | Yes | No |
| 6) | Act more quiet than usual? | Yes | No |
| 7) | Have less energy than usual? | Yes | No |
| 8) | Refuse to eat?..... | Yes | No |
| 9) | Eat less than usual? | Yes | No |
| 10) | Hold the sore part of his/her body? | Yes | No |
| 11) | Try not to bump the sore part of his/her body? | Yes | No |
| 12) | Groan or moan more than usual? | Yes | No |
| 13) | Look more flushed than usual? | Yes | No |
| 14) | Want to be close to you more than usual? | Yes | No |
| 15) | Take medication when s/he normally refuses? | Yes | No |

Note on Administration and Scoring: Parents are asked to complete the measure between a specific time period (i.e., between breakfast and lunch, between lunch and supper, or supper and bedtime). The number of items parents have circled "Yes" are summed for a total score out of 15. A score of at least 6 out of 15 signifies clinically significant pain.

Reference: Chambers, C.T., Reid, G.J., McGrath, P.J., & Finley, G.A. (1996). Development and preliminary validation of a postoperative pain measure for parents. *Pain*, 68, 307-313.